

ANNUAL REPORT

2017-2018



MISSION STATEMENT

The Massac County Drug Awareness Coalition is determined to provide leadership, education, and resources in order to build and sustain communities of knowledgeable citizens who make healthy and safe choices through the reduction of substance abuse.

EXECUTIVE COMMITTEE

Ricky Griffey
Cindy Davis
Thelma Hunter
Steve Johnson
Lori Bruce
Natalie Quint
Sabrina Beck

AUGUST 21, 2018

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Thank you very much for your commitment to the Massac County Drug Awareness Coalition and our efforts to make real changes in our community. I appreciate all of our volunteers and feel fortunate that we have many in Massac County who are willing to give up so much of their own time to work towards our cause.

This has been another exciting year for MCDAC. We tried a couple of new events in addition to our regular events: a trivia fundraiser and a Truth & Consequences Program for 8th graders at Massac Junior High. Both were considered successful and will be repeated this year. We were also fortunate enough to be able to collaborate with the Sheriff's Dept, Counterdrug, and Massac Memorial Hospital in establishing Points Drop, a place where needles can be disposed of safely.

MCDAC now has a physical presence at the Jones Building in downtown Metropolis. We feel that this will open new doors for MCDAC as a place to have committee meetings and to display our brochures, information, etc.

As always, we are very appreciative of our donors and volunteers because without them, our activities would not be possible. I look forward to working with everyone in the coming year.

Sincerely,

Holly Windhorst, MPA
Coalition Executive Director

2016-2017 ANNUAL MEETING

Our 2016-2017 Annual Meeting was held August 22, 2017, 6:30 p.m. at Metropolis City Hall, with a total attendance of 25. Accomplishments were shared and needs were discussed. Also, goals for the future included a Town Hall with Dr. Pat Withrow, Narcan Training, Truth or Consequences Event for 8th graders, a Speaker to address bullying, drug use, etc., a Trivia fundraiser, along with our established programs/projects.

A presentation regarding law enforcement efforts was given by Patrick Windhorst (on behalf of Rickey Griffey). The presentation included the following: how alcohol, prescription drug abuse & illegal drug use leads to other crimes; rather than meth labs, now we are seeing meth imported to our area; supply chain is hard to break, but if we can interrupt the demand, we can impact the problem; we won't be able to prosecute our way out of this problem; we now have an officer on the Southern Illinois Drug Task Force; we need federal prosecution to increase the charges related to drugs; opioids are not as bad as other places yet; problem is more Rx related than heroin; we are seeing an increase in IV drug use, and the jail is currently over capacity by 10.

Our Guest Speaker, Matt Lacefield (a Centerpoint employee, as well as, graduate of their rehab program and clean for 3 years), gave a moving testimony of how drug use affected his life; its beginning in his youth, continuation through the teen years and finally in his 20s when he attended rehab successfully. He discussed impact of his family life including parents and siblings, as well as his peers and friends and the influence they all had over his drug use.

Public comments included the need for more volunteers, more ideas were discussed, as was the IYS results showing the real risk between 8th and 9th grade alcohol and drug use.

EXECUTIVE DIRECTOR

HOLLY WINDHORST, DIRECTOR AND YAC CO-COORDINATOR



Mrs. Windhorst moved to the Massac County area in 2007 to start her career as a probation officer. She received a Master's degree in Public Administration in 2012. Mrs. Windhorst worked in probation until 2013 when she decided to become a stay-at-home mom to her two young children. She is now working as a substitute teacher for Massac County. Holly has been involved with MCDAC since 2012 and has been the Youth Advisory Council (YAC) Coordinator since January 2014. She is a member of the 32nd Street Church of Christ in Paducah, KY. In 2016, she received the Massac County Helping Hands Award from United Way.

A MESSAGE TO THE EXECUTIVE DIRECTOR

The Executive Director position is currently 100% volunteer. There are many hours spent planning, organizing, coordinating all that is necessary to lead the coalition. The MCDAC Executive Committee and its membership appreciate the time, ideas, and efforts given to this cause. Thank you, Holly Windhorst, for your dedication to the mission of the Coalition.

SECTOR REPRESENTATIVES

YOUTH:

Hattie Thomasson

PARENT:

Natalie Quint

BUSINESS:

Chad Lewis

MEDIA:

Areia Hathcock

SCHOOL:

[vacant]

YOUTH-SERVING:

Doris Vogt

LAW ENFORCEMENT:

Harry Masse

RELIGIOUS ORG.:

David Deem

CIVIC GROUP:

Dr. Steven Miller

HEALTHCARE PROFESSIONAL:

Cindy Davis

STATE GOVERNMENT:

Patrick Windhorst

OTHER SUBSTANCE ABUSE ORG.:

Thelma Hunter

THANK YOU TO ALL WHO SERVE OUR COMMUNITY

COMMITTEES/EVENTS

Drug Take Back

October 28, 2017 - For the second year in a row MCDAC assisted the Sheriff's Dept. with their Drug Take Back event. These events coincide with the National Drug Take Back days. Volunteers assisted from 10:00 am to 2:00 pm where the drug disposal box was placed on the sidewalk to ease drop-offs by the public.

April 28, 2018 - Introducing "Points Drop"

The spring Drug Take Back event was supported by a new Points Drop program. From discussion of a community need, and the efforts of Southern Illinois Enforcement Group, Massac Memorial Hospital, MCDAC, and the sheriff's department, the Points Drop box has been made available for acceptance of used needles – no questions asked. At this drug take back day, 47.5 pounds were collected. Thank you to Massac Memorial Hospital for providing the boxes for Points Drop and the services to pick up the sharps, as well as, the ingenuity of the maintenance department in adapting the container so the sharps drop into the container safely and efficiently. Thank you to our volunteers who help, Massac County Mental Health for being on hand with information, and to Southern Illinois Enforcement Group.

Town Hall Meeting

November 7, 2017 - Johnathan Oberholtz of SIEG began the meeting with a presentation of alcohol/drug use statistics from the Illinois Youth Survey results from Massac County. Dr. Withrow, Baptist Health Paducah outreach coordinator and retired physician presented information on addiction and how the brain can get "hijacked" from the first use of drugs. A question and answer session followed. Narcan training was presented by Egyptian Health Department with free Narcan kits made available upon completion of training. In attendance were over 80 citizens representing many sectors of the community. Information tables were made available by MCDAC and Massac County Mental Health.

Truth and Consequences @ MJHS 8th graders:

Holly Windhorst

May 14, 2018 - This event was held at Massac Jr. High School and included many sectors of the community from law enforcement, hospital, probation, funeral home, judge, pharmacists, and clergy. Parents were asked to attend alongside their child to go through different scenarios which showed the consequences of various choices that may have lead to injury, arrest, or even death of self or a friend. We are grateful for the many professional volunteers whose engaging participation made an impact on many of the students. Also, thank you to the "parent" volunteers and the parents who were able to attend with their student. Thank you to Legence Bank for the donation of food for our volunteers.

Youth Advisory Council (YAC):

Molly Stratmeyer/Holly Windhorst

MASSAC COUNTY HIGH SCHOOL: 25 student members participated this year. Student officers were: President-Hatti Thomasson, Vice President-Lauren Coakley, Secretary-Emma Korte, Reporter-Hadley Stephens, Treasurer-Lauren Porter. A "Hat Day" was held in October 2017 and \$50 was raised. In May 2018, the students supported MCDAC's presentation of the Truth and Consequences program to 8th grade students at Massac Jr. High. In July 2018, two YAC students attended CGTI (Cebrin Goodman Teen Institute). They both participated in PALS (Peer Advanced leadership Skills) as part of staff in training for CGTI; they would like to serve as staff members next year. \$50 gas card was provided for transportation. The YAC discussed the possibility of a nationally recognized speaker to make a presentation at the high school.

Red Ribbon Week (RRW) Celebration:

Sabrina Beck (K-6)

October 23-27, 2017 - We have provided RRW material for 6 years now to increase awareness and education in honor of DEA Agent Kiki Camarena's memory and his battle against illegal drugs. The school administrators continue to support the Coalition's efforts to keep the program in the schools. We continue to gather at Lutheran Church of the Cross to assemble Teacher Packets. The packets are then delivered to each elementary school the week before RRW. This is a volunteer opportunity to help with pre-planning, assembly, and delivery. Thank you to all our volunteers, teachers, and students.

Red Ribbon Week (RRW) Celebration:

Holly Windhorst (7-12)

Center Point speakers were once again welcomed at Massac County High School in October and continue to receive positive feedback from students and teachers. *Thank you to Thelma Hunter for providing speakers from Centerpoint.*

Harrah's School Supply Drive:

Natalie Quint

August 3, 2018 - We continue to participate in the school supply drive sponsored by Harrah's and supported by many community organizations. We hand out pencils and rulers, along with drug awareness information. Once again, the button maker was put to use as a favorite for young students. We appreciate Chad Lewis, our Business Sector Representative, for the invitation to participate in this event. *Thank you to our volunteers: Natalie Quint, Metropolis Police Department, Toni & Steve Miller.*

Rides to Recovery (R2R):

Steve Johnson

1 ride was provided by MCDAC this year.

GRANTS/FUNDRAISING

DRUG FREE COMMUNITY (DFC) GRANT

We were not successful with our 2017 DFC grant application. We will consider submitting again in 2019.

LUTHERAN SYNOD GRANT

A \$1,000.00 grant was awarded for use towards our Red Ribbon Week programs.

Thank you, once again, Natalie Quint, for writing the grant application.

HARRAH'S GRANT

Many thanks to Harrah's Foundation for selecting MCDAC to receive a \$5,000 grant.

TRIVIA EVENT

January 6, 2018 – Our first ever Trivia Night fundraiser was a success. \$1378 was raised with teams enjoying the competitiveness of answering the most correct questions. The event was held at the Elk's in Metropolis.

Thank you to Cindy Davis for chairing, planning, and preparing for this fundraiser.

5TH ANNUAL GOLF SCRAMBLE

June 1, 2018

Thank you to the 12 teams and 24 hole sponsors and volunteers who help make the golf scramble a success. Held at the Metropolis Country Club, we raised \$4,200 through team fees and hole sponsors. Additionally, for the second year, Modern Woodmen matched our total up to \$1,000.00; thank you Ashli Morris, employee representative.

Thank you to the Golf Committee: Steve Johnson, Natalie Quint, Cindy Davis, Sabrina Beck, Holly Windhorst, Robbin McDaniel, and Steve Miller.

DONATIONS

DONATIONS RECEIVED

Modern Woodmen match - \$1,000

Lutheran Church of the Cross - \$950 (fish fry fundraiser)

Johnathan Oberholz - \$100

First United Methodist Church - \$79

St. Paul Lutheran Church - \$300.00

Thank you to individuals and organizations in our community for their continued support both in-kind and monetary.

MARKETING

ADVERTISEMENT: In January, we placed an ad in the Superman Classic basketball tournament program about the consequences of hosting an underage drinking party. *Thank you to Areia Hathcock for preparing the advertisement, and your continued support in highlighting MCDAC events throughout the year in The Metropolis Planet.*

SOCIAL MEDIA:



Massac County Drug Awareness Coalition



@mcdacyac

WEBSITE: massacdrugawareness.com

COMMUNITY COLLABORATION

PENCIL PROJECT/ METROPOLIS POLICE DEPARTMENT

Carl Manley asked if MCDAC would like to participate by contributing pencils that would go to each student in Massac County; 1600 pencils with drug-free messages were purchased for \$282.40 and were distributed to elementary schools in Massac County. Officers personally delivered pencils to each classroom in an effort to build better relationships with Massac County students. They plan to do this again next year and we look forward to supporting them again.

METROPOLIS PUBLIC LIBRARY – BACK TO SCHOOL BASH:

NATALIE QUINT

On August 7, 2017, MCDAC provided school supplies with drug awareness messages and educational material. Metropolis Police Officer Tim Davis came with canine unit Jokoba to meet kids and for demonstrations.

Thank you to our volunteers and to Officer Davis and Jakoba.

PROJECT GRADUATION:

MCDAC is proud to support this drug-free project with a donation of \$500 to MCHS and \$250 to MJHS.

CENTERPOINT:

We continue to work with and have been supported by Centerpoint. We are proud to have a long-standing collaborative relationship with this program.

LEGENGE BANK:

The storage of our supplies and materials in one central location has been very helpful. We appreciate the space and the help in carrying supplies.

MCDAC GOALS FOR 2018-2019

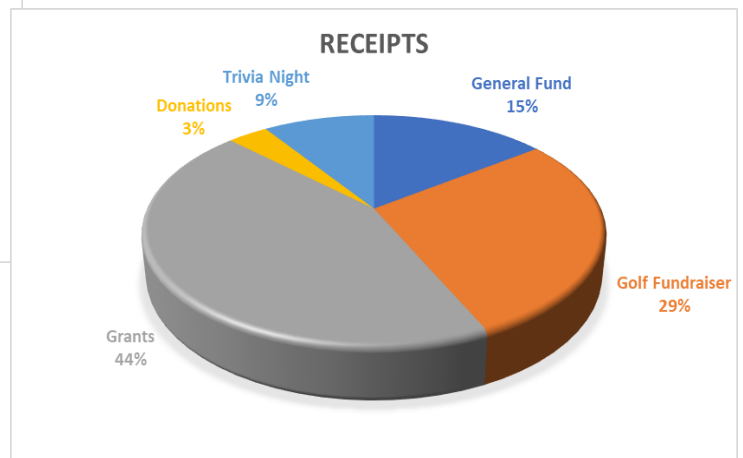
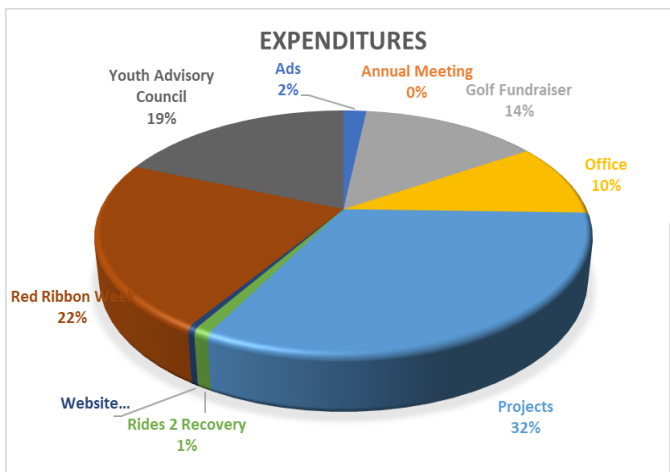
- Continue to expand on past projects and monthly activities
- Continue to develop the youth advisory council at the high school and junior high school levels
- Increase attendance at MCDAC monthly meetings from all sectors of the community
- Increase number of volunteers to assist with projects and activities
- Seek additional funding sources to include grants, fundraisers, and community
- Develop marketing strategies to increase awareness of MCDAC meetings, projects, and volunteer opportunities
- Management of MCDAC website to include monthly updates and sharing of projects and monthly activities
- Establish a committee to plan a town hall meeting
- Provide more programs at the schools
- MJHS AND JOPPA HIGH SCHOOL:** Secure a sponsor for YAC at each of these schools.

HOW CAN I HELP?

All activities and programs are performed 100% by our volunteers. We would not be able to effect community change without the help of our volunteers. Thank you to MCDAC members and volunteers for their continued support with MCDAC planning, activities, and outreach. To volunteer, contact Holly Windhorst, MCDAC Executive Director and/or email massacdrugawareness@gmail.com.

TREASURER’S REPORT

BEGINNING BALANCE - August 1, 2017	\$8,437.15	Percent
EXPENSES		
Advertisement	\$ 100.00	2%
Annual Meeting	\$	
Golf Fundraiser	\$ 782.50	14%
Office	\$ 542.62	10%
Projects	\$ 1,803.92	32%
Red Ribbon Week	\$ 1,249.14	22%
Rides 2 Recovery	\$ 50.00	1%
School Supply Drive	\$ -	-
Website	\$ 23.99	5%
Youth Advisory Council	\$ 1,044.14	36%
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	\$ 5,596.31	
DEPOSITS		
General Fund	\$ 2,179.01	15%
Golf Fundraiser	\$ 4,200.00	29%
Grants	\$ 6,500.00	44%
Donations	\$ 500.00	3%
Red Ribbon Week	-	
Trivia Night Fundraiser	\$ 1,382.00	9%
Youth Advisory Council	\$ -	4%
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	\$ 14,761.01	
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ENDING BALANCE - July 31, 2018	\$ 17,601.85	



2016-2017 EXECUTIVE COMMITTEE

RICKY GRIFFEY - Mr. Griffey is a Sergeant and Detective with the Metropolis Police Department and is currently working in the Investigations Unit. He has been assigned to the Southern IL Drug Task Force since September of 1998. In addition, he has been assigned to the Drug Enforcement Administration as a Task Force Officer for several years. Mr. Griffey has made the focus of his life to combat the drug abuse in Massac County. He and his family attend the First United Methodist Church of Metropolis. Mr. Griffey is a father of 4 children and Grandfather of one now and another due in September and is a lifelong Massac County resident.

CINDY DAVIS, SECRETARY - Ms. Davis is a Health Educator in Massac County for Southern Seven Health Department for the past 5 years. She works with schools in programming such as sex education, physical activity (CATCH), nutrition, and Signs of Suicide and in community education programming such as Youth Mental Health First Aid, worksite wellness, smoking cessation. She has more than 20 years' experience in medical laboratory science. Cindy has been a resident of Massac County for almost 60 years, and she and her 3 adult children attended schools in Massac County. She is a graduate of Eastern Illinois University and is a past member of the Massac County Unit One School Board, and currently serves on the board of Heartland Cares in Paducah.

THELMA HUNTER - Mrs. Hunter is an LCSW (Licensed Clinical Social Worker) and a LCADC (Licensed Clinical Alcohol and Drug Counselor). She has been employed with Four Rivers Behavioral Health for the past 20 years. She has over 25 years' experience in the field of substance abuse and mental health treatment. She has been the Director of CenterPoint Recovery Center for Men since 2010. She has been a resident of Massac County for over 20 years.

STEVE JOHNSON - Mr. Johnson is a father and grandfather. He has a vested interest in drug prevention education for our youth. Steve retired from Electric Energy, Inc. after 38 years. As a member of Metropolis Elk's Lodge #1428, Steve serves as the Drug Awareness Chairman and Scholarship Chairman and has been instrumental in bringing the Elk's Drug Awareness Trailer to Massac County. Mr. Johnson saw MCDAC as an opportunity to get involved and help bring awareness, as well as, solutions to the community. He and his wife of over 40 years attend St. Rose of Lima Church. Mr. Johnson is a lifelong Massac County resident.

LORI BRUCE, TREASURER - Mrs. Bruce is a mother of 2 and has been married for over 20 years. Lori is a lifelong resident of Massac County and member of Brookport Church of God. She has many years of banking experience and has served as Treasurer for MCDAC since May 2014.

NATALIE QUINT - Ms. Quint started her career as a mental health counselor in 1999. Then she went on to pursue a Master's degree in social work and has been employed as a substance abuse counselor, school social worker, outpatient mental health counselor, and private practice therapist. In 2004, Ms. Quint received an LCSW (Licensed Clinical Social Worker) and is currently employed as an oncology social worker at Baptist Health in Paducah, KY. She returned to the Massac County area in 2006 and is a member of Lutheran Church of the Cross. Ms. Quint is a recipient of the Lois Lane Award 2015, Les Easterday Award 2013, and Massac County Helping Hands Award 2013.

SABRINA BECK - Mrs. Beck has been a Massac County resident since 1994. She received her Bachelor of Science degree in Workforce, Education, & Development in 2003, as well as, an Applied Science degree in Health Information Technology in 2016. She has been a housewife for many years, holds a substitute teacher certification, and currently is a caregiver for her brother. She is a mother of 3, grandmother of twins, and has been married for over 19 years. Sabrina has been a member of Lutheran Church of Cross since 2006 and Zeta Zeta Sorority since 1996. In 2014, she received the Massac County Helping Hands Award from United Way. Sabrina also works with Lori Bruce as the 2nd Treasurer for MCDAC.

The Executive Committee meets monthly a week prior to regular meetings. Thank you to our Executive Committee for your time and dedication to the mission of the Coalition.