



ANNUAL REPORT 2018-2019

AUGUST 20, 2019

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Thank you very much for your commitment to the Massac County Drug Awareness Coalition and our efforts to make real changes in our community. I appreciate all of our volunteers and feel fortunate that we have many in Massac County who are willing to give up so much of their own time to work towards our cause.

This past year has been busy with two Drug Take Back days, Truth and Consequences program, YAC Blood Drive, Red Ribbon Week programs, and Harrah's School Supply Drive. As a reminder, MCDAC has an office in Metropolis in the Jones Building across from City Hall. With the help of volunteers we have been able to hold office hours 2 afternoons each week so please stop in to say hi and look at the materials we have available. We have also seen an increased in transports to treatment programs through our Rides 2 Recovery program.

As always, we are very appreciative of our donors and volunteers because without them, our activities would not be possible. I look forward to working with everyone in the coming year.

Sincerely,

Holly Windhorst, MPA
Coalition Executive Director

MISSION STATEMENT

The Massac County Drug Awareness Coalition is determined to provide leadership, education, and resources in order to build and sustain communities of knowledgeable citizens who make healthy and safe choices through the reduction of substance abuse.

EXECUTIVE COMMITTEE

Ricky Griffey
Cindy Davis
Thelma Hunter
Steve Johnson
Lori Bruce
Natalie Quint
Sabrina Beck

EXECUTIVE DIRECTOR



HOLLY WINDHORST, DIRECTOR AND YAC CO-COORDINATOR

Mrs. Windhorst moved to the Massac County area in 2007 to start her career as a probation officer. She received a Master's degree in Public Administration in 2012. Mrs. Windhorst worked in probation until 2013 when she decided to become a stay-at-home mom to her two young children. She is now working as a substitute teacher in Massac County and an Administrative Assistant for the Massac County State's Attorney's Office. Holly has been involved with MCDAC since 2012 and has been the Youth Advisory Council (YAC) Coordinator since January 2014. She is a member of the 32nd Street Church of Christ in Paducah, KY. In 2016, she received the Massac County Helping Hands Award from United Way.

Striving to bring people together to collaborate on efforts to reduce substance use and abuse in Massac County.

2017-2018 ANNUAL MEETING

Our 2017-2018 Annual Meeting was held August 21, 2018, 6:30 p.m. at Metropolis City Hall, with a total attendance of 31. Accomplishments were shared, needs were addressed, and goals were reviewed.

A presentation about the P2D2 (Prescription Pill Drug Disposal) was given by Sheriff Ted Holder. The presentation included the following: the collection box began in 2011 and has collected over 3,000 pounds since then. In 2018, a Points Drop box was established with collaborative efforts between MCDAC, SIEG, MCSO, and MMH. Tony Randolph made the sign for this program. To date, 3 full boxes of needles & syringes have been collected. Chief Masse added that MPD should be called if a needle is found by the public.

Public comments included possibly holding evenings for MCDAC Monthly Meeting as some folks work during the day and are not able to attend.

MCDAC BUSINESS

Office

MCDAC entered into a rental office space agreement for a space located in the Jones Building, [address]. A MCDAC banner/sign is displayed in front of the building. Established office hours are Wednesday & Friday, 3:00 pm to 5:00 pm, based upon volunteer availability. Thank you to Steve Johnson and Toni Miller for their volunteering office hours. An open house was held March 19th, in conjunction with the Edward Jones open house.

Meetings

In response to requests, MCDAC held evening meetings in November 2018, February 2019, and May 2019, and our Annual Meeting in August 2019. The evening meetings were scheduled to provide an opportunity for citizens who were unable to attend the morning meetings throughout the year. The time change to meetings in the evening did not have an impact on attendance, however, MCDAC has decided to continue the evening meetings in hopes to gain more participation.

Secretary

Cindy Davis has served as our secretary for the past few years and resigned at the end of December. We appreciate her service over the years; thank you Cindy. We are still in need of a replacement; please notify Holly if you are able to help with minutes, meeting notices, agenda, and member email list.

A MESSAGE TO THE EXECUTIVE DIRECTOR

The Executive Director position is currently 100% volunteer. There are many hours spent planning, organizing, coordinating all that is necessary to lead the coalition. The MCDAC Executive Committee and its membership appreciate the time, ideas, and efforts given to this cause. Thank you, Holly Windhorst, for your dedication to the mission of the Coalition.

SECTOR REPRESENTATIVES

YOUTH:

Lily Conkle

PARENT:

Natalie Quint

BUSINESS:

Chad Lewis

MEDIA:

Areia Hathcock

SCHOOL:

J. R. Conkle

YOUTH-SERVING:

Doris Vogt

LAW ENFORCEMENT:

Harry Masse

RELIGIOUS ORG.:

David Deem

CIVIC GROUP:

Dr. Steven Miller

HEALTHCARE PROFESSIONAL:

Cindy Davis

STATE GOVERNMENT:

Patrick Windhorst

OTHER SUBSTANCE ABUSE ORG.:

Thelma Hunter

**THANK YOU TO ALL
WHO SERVE OUR
COMMUNITY**

COMMITTEES/EVENTS**Drug Take Back**

October 27, 2018 – MCDAC has assisted the Sheriff's Dept. with their Drug Take Back event for the past 3 years. These events coincide with the National Drug Take Back days. Volunteers assisted from 10:00 am to 2:00 pm where the drug disposal box was placed on the sidewalk to ease drop-offs by the public. Over the past 6 months, 23 pounds of unused medications were collected. These are then transported to DEA sight to be incinerated instead of winding up in the wrong hands or flushed down toilets. A second Drug Take Back was held April 27, 2018.

The “**Points Drop**” program continues to be utilized and unused needles are taken out of our community to be disposed of properly. There continues to be needles found throughout the community and we encourage citizens to contact the appropriate police department to come and collect. Continued thanks for support of this program.

Truth and Consequences @ MJHS 8th graders:**Holly Windhorst**

May 14, 2018 (8:00 am-10:30 am) – This is MCDAC's 2nd year host this event at Massac Jr. High School. Participants from last year returned and were very effective in their roles. More parents were also present, along with our community volunteers. Presentations included CenterPoint Outreach Team, Dr. Walters (Juuling), and MCMH for the Debriefing. The feedback received so far has been positive. Dr. Walter's presentation on Juuling was informative and compelling.

Youth Advisory Council (YAC):**Molly Stratmeyer/Holly Windhorst**

MASSAC COUNTY HIGH SCHOOL: In May 2018, the students supported MCDAC's presentation of the Truth and Consequences program to 8th grade students at Massac Jr. High. A Blood Drive was held at the Metropolis Community Center on June 26, 2018. A \$320 donation was made by the American Red Cross to MCDAC for organizing this event.

Red Ribbon Week (RRW) Celebration:**Sabrina Beck (K-6)**

Oct. 22-26, 2018 – “Life is Your Journey; Travel Drug Free”. 7 years and counting! This program serves over 1200 students from Kindergarten through 6th grades. Nearly 60 Teacher Activity Kits are assembled and delivered to elementary schools in Massac County. This year we added a Student Essay Contest for 4th, 5th, and 6th graders. 255 Essays were submitted; overall participation was 49%. 10 Perfect Scores were given and overall the essays were very thoughtful and full of wisdom. At the November MCDAC meeting, winners were awarded a certificate and a themed water bottle with ear buds inside. Support for this program is funded by the community and prepared by volunteers. This is a volunteer opportunity to help with pre-planning, assembly, and delivery. Thank you to all our volunteers, teachers, and students.

Red Ribbon Week (RRW) Celebration:**Holly Windhorst (7-12)**

Center Point speakers were once again welcomed at Massac County High School in October and continue to receive positive feedback from students and teachers. *Thank you to Thelma Hunter for providing speakers from Centerpoint.*

Harrah's School Supply Drive:**Natalie Quint**

August 9, 2019 - We continue to participate in the school supply drive sponsored by Harrah's and supported by many community organizations. We hand out pencils and rulers, along with drug awareness information. We appreciate Chad Lewis, our Business Sector Representative, for the invitation to participate in this event. *Thank you to our volunteers: Natalie Quint, Steve Johnson, Holly Windhorst, Grayson & Griffin Quint, and Cooper Stratmeyer.*

Rides to Recovery (R2R):**Steve Johnson**

5 rides were provided by MCDAC this year.

GRANTS/FUNDRAISING

DRUG FREE COMMUNITY (DFC) GRANT

The Grant Committee prepared and submitted a grant application in July 2019 in response to a drug-free community funding opportunity. This will be our 4th grant application and we have high hopes of a successful award this time. Approximately 150 coalitions will be chosen to receive up to \$125,000 per year for up to five years. If awarded, the grant period will begin in Oct. 2019.

Thank you to Holly Windhorst, Sabrina Beck, and Cindy Davis for the time and effort required for completion of this grant.

TRIVIA EVENT

November 10, 2018 – Our 2nd Trivia Night fundraiser was a success. Event profit was \$1,200 with 9 teams enjoying a competitive night of fun. Thank you to Kiwanis for donating their prize money to MCDAC.

Thank you to Cindy Davis for chairing, planning, and preparing for this fundraiser.

WEST KENTUCKY COMMUNITY FOUNDATION

A grant for \$1000 was received from the foundation.

Many thanks to Steve and Toni Miller.

6TH ANNUAL GOLF SCRAMBLE

May 31, 2019

There were 13 Teams and 31 Hole Sponsors, and volunteers who help make the Golf Scramble Fundraiser a success! We deeply appreciate your participation each year and welcome new teams and sponsors. This event is held at the Metropolis Club and raised \$4,346.56 through team fees and hole sponsors. Door prizes: club donated by Golfmart, Paducah, KY.

Thank you to the Golf Committee: Steve Johnson (Chairperson), Steve and Toni Miller, Sabrina Beck, Natalie Quint, Holly Windhorst, Robbin McDaniel, and Sharon and Bob Mumford.. Also, thanks to Braeden Johnson for placing the hole sponsor signs each year!

DONATIONS

DONATIONS RECEIVED




\$360.00 Kiwanis Club of Metropolis
 \$150.00 Illinois Affordable Housing
 \$ 71.34 First United Methodist Church
 \$195.00 Powers United Methodist Church
 \$250.00 St. Paul Evangelical Lutheran Church

Thank you to individuals and organizations in our community for their continued support both in-kind and monetary.

MARKETING

ADVERTISEMENT: In January, we placed an ad in the Superman Classic basketball tournament program about the consequences of hosting an underage drinking party.

Thank you to Areia Hathcock for preparing the advertisement, and your continued support in highlighting MCDAC events throughout the year in The Metropolis Planet.

SOCIAL MEDIA:  Massac County Drug Awareness Coalition   @mcdacyac

WEBSITE: massacdrugawareness.com

COMMUNITY COLLABORATION

PROJECT GRADUATION:

MCDAC is proud to support this drug-free project with a donation of \$500 to MCHS and \$250 to MJHS.

CENTERPOINT:

We continue to work with and have been supported by Centerpoint. We are proud to have a long-standing collaborative relationship with this program.

REACHING FOR KIDS:

MCDAC is proud to support the 3-Screens Presentation with a donation of \$300.

MCDAC GOALS FOR 2018-2019

- Continue to expand on past projects and monthly activities
- Continue to develop the youth advisory council at the high school and junior high school levels
- Increase attendance at MCDAC monthly meetings to include at minimum 1 representative from each of the sectors represented groups.
- Increase volunteer assistance by 2 for each projects and/or activities
- Increase funding sources by 2 to include grants, fundraisers, and community
- Add 1 marketing strategy to increase awareness of MCDAC (meetings, projects, volunteer opportunities)
- Secure a webmaster to manage MCDAC's website (monthly updates, sharing of projects and activities)
- Establish a Town Hall Planning Committee by October 1st to plan for a November town hall
- Provide 1 additional program at the schools 2 of the 9 schools in the Massac County
- MJHS AND JOPPA HIGH SCHOOL:** Secure a sponsor for YAC at each of these schools.

HOW CAN I HELP?

All activities and programs are performed 100% by our volunteers. We would not be able to effect community change without the help of our volunteers. Thank you to MCDAC members and volunteers for their continued support with MCDAC planning, activities, and outreach. To volunteer, contact Holly Windhorst, MCDAC Executive Director and/or email massacdrugawareness@gmail.com.

TREASURER'S REPORT***MCDAC TREASURER'S REPORT 2018-2019***

Category	8/1/2018- 7/31/2019
INCOME	
Beginning Balance	17,601.85
DEPOSIT	250.00
Donations	1,026.34
Fundraisers	
Golf Scramble	4,780.00
Trivia Event	1,350.00
TOTAL Fundraisers	6,130.00
Grants	1,000.00
TOTAL INCOME	26,008.19
EXPENSES	
Advertisement	100.00
Annual Meeting	47.06
Fundraising	
Golf Scramble	433.44
Trivia Night	150.00
TOTAL Fundraising	583.44
Office	32.00
Other	586.40
Rent	2,875.00
Utilities	131.55
TOTAL Office	3,624.95
Projects	1,261.11
Red Ribbon Week	1,867.72
Rides 2 Recovery	245.00
Training	50.00
Website	353.78
Youth Advisory Council	20.64
TOTAL EXPENSES	8,153.70
OVERALL TOTAL	17,854.49

2018-2019 EXECUTIVE COMMITTEE

RICKY GRIFFEY - Mr. Griffey is a Sergeant and Detective with the Metropolis Police Department and is currently working in the Investigations Unit. He has been assigned to the Southern IL Drug Task Force since September of 1998. In addition, he has been assigned to the Drug Enforcement Administration as a Task Force Officer for several years. Mr. Griffey has made the focus of his life to combat the drug abuse in Massac County. He and his family attend the First United Methodist Church of Metropolis. Mr. Griffey is a father of 4 children and Grandfather of two and is a lifelong Massac County resident.

CINDY DAVIS, SECRETARY - Ms. Davis is a Health Educator in Massac County for Southern Seven Health Department for the past 6 years. She works with schools in programming such as sex education, physical activity (CATCH), nutrition, and Signs of Suicide and in community education programming such as Youth Mental Health First Aid, worksite wellness, smoking cessation. She has more than 20 years' experience in medical laboratory science. Cindy has been a resident of Massac County for 60 years, and she and her 3 adult children attended schools in Massac County. She is a graduate of Eastern Illinois University and is a past member of the Massac County Unit One School Board, and is a past board member of Heartland Cares in Paducah.

THELMA HUNTER - Mrs. Hunter is an LCSW (Licensed Clinical Social Worker) and a LCADC (Licensed Clinical Alcohol and Drug Counselor). She has been employed with Four Rivers Behavioral Health for the past 20 years. She has over 25 years' experience in the field of substance abuse and mental health treatment. She has been the Director of CenterPoint Recovery Center for Men since 2010. She has been a resident of Massac County for over 20 years.

STEVE JOHNSON - Mr. Johnson is a father and grandfather. He has a vested interest in drug prevention education for our youth. Steve retired from Electric Energy, Inc. after 38 years. As a member of Metropolis Elk's Lodge #1428, Steve serves as the Drug Awareness Chairman and Scholarship Chairman and has been instrumental in bringing the Elk's Drug Awareness Trailer to Massac County. Mr. Johnson saw MCDAC as an opportunity to get involved and help bring awareness, as well as, solutions to the community. He and his wife of over 40 years attend St. Rose of Lima Church. Mr. Johnson is a lifelong Massac County resident.

LORI BRUCE, TREASURER - Mrs. Bruce is a mother of 2 and has been married for over 20 years. Lori is a lifelong resident of Massac County and member of Brookport Church of God. She has many years of banking experience and has served as Treasurer for MCDAC since May 2014. This year, Lori began a new journey as Library Director for our local library.

NATALIE QUINT - Ms. Quint started her career as a mental health counselor in 1999. Then she went on to pursue a Master's degree in social work and has been employed as a substance abuse counselor, school social worker, outpatient mental health counselor, and private practice therapist. In 2004, Ms. Quint received an LCSW (Licensed Clinical Social Worker) and is currently employed as an oncology social worker at Baptist Health in Paducah, KY. She returned to the Massac County area in 2006 and is a member of Lutheran Church of the Cross. Ms. Quint is a recipient of the Lois Lane Award 2015, Les Easterday Award 2013, and Massac County Helping Hands Award 2013.

SABRINA BECK - Mrs. Beck has been a Massac County resident since 1994. She received her Bachelor of Science degree in Workforce, Education, & Development in 2003, as well as, an Applied Science degree in Health Information Technology in 2016. She has been a housewife for many years, holds a substitute teacher certification, is a volunteer track throws coach, and currently is a caregiver for her brother. She is a mother of 3, grandmother of twins, and has been married for over 20 years. Sabrina has been a member of Lutheran Church of Cross since 2006 and Zeta Zeta Sorority since 1996. In 2014, she received the Massac County Helping Hands Award from United Way. Sabrina also works with Lori Bruce as the 2nd Treasurer for MCDAC.

The Executive Committee meets monthly a week prior to regular meetings. Thank you to our Executive Committee for your time and dedication to the mission of the Coalition.