Massac County Drug Awareness Coalition Regular Monthly Meeting Wednesday, March 17, 2021, 8:00 a.m. Zoom

Present: Clarissa Shepherd (Health Sector Rep), Jackie Doublin (Massac Co. Mental Health), Billy McDaniel (Metropolis Mayor), Angie Kennedy (School), Steve Miller (Civic Sector Rep), Toni Miller (Volunteer), Dave Park (Kiwanis), Rita Park (Kiwanis), Amber Anderson (Prevent Child Abuse), Cindy Davis (Executive Committee), Josh Stratemeyer (Gov. Sector Rep), JR Conkle (School Sector Rep), Maribeth Ethridge-Hicks (Massac Co. Mental Health)

- 1. Old minutes Amber made a motion to accept the minutes. Cindy seconded.
- 2. Executive Committee The Committee had to approve a small budget in order to purchase food for our Youth Advisory Council and for Red Ribbon Week due to it not being allowed by DFC grant funds. We are also looking at ordering new polos & t-shirts more info to come. Further, Holly is looking for topics that members would like to see covered during regular meetings. Please see Holly if you have an idea. It was also announced that Ricky Griffey would be retiring from the Executive Committee soon due to retiring from the Metropolis Police Department. Thank you, Ricky, for your years of service to MCDAC.
- Treasurer's Report The balance on February 28, 2021, was \$16,586.70. Regular monthly expenditures were reported along with the billboard expenses and food for the Youth Advisory. We also received a donation from Amazon Smile for 19.29.
- 4. Youth Advisory Council The YAC has met twice with Holly and Stacie since the last coalition meeting. They met on February 24 at the Community Center and March 10 at Fort Massac State Park. There are 14 MCHS students involved. We are serving them lunch because we meet right after school. The YAC reported that they believe youth substance use has went up since the pandemic started due to more free time and boredom. They also think that the normalcy of use is a problem among high schoolers. Future projects are: drug facts written in sidewalk chalk for National Drug and Alcohol Facts Week next week along with Most Teens Don't statistics. Other possible projects are the billboard, MCHS Athletic ad and a Snapchat ad. The Cebrin Goodman Teen Institute leadership camp is July 18-22 and if it is held in-person, Holly would like to take several of the YAC members. The Executive Committee also approved ordering T-shirts for the YAC.

- 5. Fundraising The golf tournament will be scheduled after the Country Club opens on March 20. Morgan Holt and Steve Johnson will be working on this. We will need more volunteers as staff cannot work on fundraising. JR suggested having the YAC work on getting hole sponsors.
- 6. Trainings
 - a. April 13, 10-11, Alcohol Home Delivery Regulatory & Enforcement Implications
 - b. May 5, 10-11, Alcohol and Suicide Associations
 - c. Amber also reported that Franklin County Substance Misuse Coalition is having a virtual event tomorrow night in partnership with SIU School of Medicine.
- Social Media/Advertising the Website is almost complete. Thank you to all Sector Reps and Executive Committee members for coming in for pictures and submitting biographies. When the website goes live, Holly would appreciate any feedback. Also, we need volunteers to write blog posts.
- 8. Prevent Child Abuse Month We have some activities planned for this next month. On April 14, there will be a proclamation through media/social media only. Speakers will be Josh, Tina Martin, and Brittney Hale. Sissys, Frosted by Mollie, and Big Johns will be having blue items in their bakeries along with customized postcards with resources and information on them regarding child abuse. There will also be a pinwheel garden by the Women's Shelter, signs put out by Massac Memorial, blue ribbons and the digital police sign will also recognize Child Abuse Prevention month. Amber also noted that anyone could go by Dollar Tree and purchase a blue pinwheel for their business.
- 9. Other Program updates
 - a. Drug Disposal Bags Holly will check with pharmacies to see if they are running out of bags. Clarissa did not think Southern 7 had given out any at this point but their office has not been open.
 - b. Weekend Blessings We are still providing a monthly flyer.
 - c. COPE Toni said the flyers are going well and that several have inquired about and taken the drug disposal bags also. Holly asked how many of the families had children and Toni said a good percentage do have children.
 - d. Shawnee Community College video SCC has asked us to make a prevention video for their Trio program. Any volunteers willing to help with this project would be appreciated. Amber suggested some videos made by Shawnee Health Service last year that were made by and for teens.

10. Other - JR suggested that everyone take advantage of any ACES training that is offered as it is very good. Amber performed a training that JR, Holly and Stacie attended last week and it was very informative. Amber advised that also provides a secondary trauma training that is beneficial for teachers. Holly will connect JR and Amber so they could possibly set something up. Amber also advised that a film called "Resilience" will be aired on WSIU on April 11. Clarissa said that she will have some tobacco and vaping prevention DVDs if anyone is interested in a presentation on that topic.

Holly asked the group what they thought about meeting in person. Amber said it works best for her to meet virtually because of the distance. Dave advised that Kiwanis would be meeting in person starting in May. Holly said next month we will meet on Zoom and go from there.

Meeting adjourned at 8:50. Next meeting is Wednesday, April 21, at 8:00 a.m.