Massac County Drug Awareness Coalition Monthly Coalition Meeting Wednesday, July 24, 2024, 8:00 a.m. Metropolis City Hall/Zoom

MINUTES

1. Welcome

- a. In person- Robbin McDaniel (Exec Committee), Toni Miller (Exec Committee), Rick Neighbors (Community member), Morgan Holt (Exec Committee), Darla Bond (Counselor/ Kiwanis), Laken Gallo (Guardian Family Services), Reese Thompson (YAC), Olivia Schmidt (YAC), Avery Mounce (YAC), Holly Windhorst (Director), Jasmine Robinson (Prevention Coordinator), Jordan Strong (Recovery Coordinator), Lasha Vincent (Peer Recovery Specialist)
- b. Zoom- Dave Park (Kiwanis), Shauna Hale (Nighshield), Sydney Shelton (S7HD), Aerie True-Frank (TA Region 1), Beverly Holland (TA Region 5)
- 2. Approve Old Minutes No changes were needed to be Made. Morgan Holt made a motion to approve the minutes and Toni Miller seconded the motion. All approved non opposed, motion carried.
- 3. Executive Committee Report- Met Monday June 8th, everything will be covered throughout the meeting.

4. Fundraising/Sustainability

- a. Fundraiser Total Update- The 5K made roughly \$7400, this was the most successful fundraiser MCDAC has had and we have decided to keep the fundraiser moving forward. The Golf Scrammble made roughly \$4700 which is lower than previous years but we had extra expenses due to golf carts. We also had fewer teams this year but though we add and loss teams throughout the year we always make roughly the same amount of money.
- b. Grant Updates- The ROSC grant was updated and started July 1, 2024 with a little less than last year. We have applied for the DFC grant but will not hear until August 30, 2024, this will be for the next 5 years so we are definitely hoping for the best. There is another prevention grant we applied for with two other counties to create and support Youth Advisory Councils, this if we receive will help take some costs of the YAC and help the other counties form theirs. We were set to hear about the results at the end of May but we still have not heard if the grant was approved or not. We are

also looking for smaller grants to cover the costs of the Laundry Days and more to mitigate the use of Coalition funds as the ROSC grant is no longer funding them. Jordan applied through Ameren for a small grant but we sadly did not receive the funds.

5. Prevention - Jasmine

- a. Cebrin Goodman Teen Institute Recap- Jasmine and Holly took 4 high schoolers and 4 junior high students to CGTI, July 14-18 at Eastern Illinois University. Reese Thompson reported out all the workshops and speakers that he got to listen to and how much he liked the set up of CGTI versus the CADCA Trip he and Olivia were able to go on last year. Olivia Schmidt reported that she was nervous walking in to the first day as everything was overwhelming but quickly realized how unjudgemental everyone was and how easy it was to get along with everyone. Avery Mounce reported loving every second of the trip and her and Olivia have already mapped out their next trip to CGTI. All the students agreed to how fun it was and how much they learned about them selves. 6 students participated in the talent show and even Holly and Jasmine participated with the other Mentors. MCDAC is ready to take as many students as wants to go next year and we will find the way to get them there.
- b. Drug Prevention Bench- Reese Thompson Reported on his Eagle scouts project which is a Bench to set outside the High School with a drug free message "Bench Drugs. Choose a Healthy life". This bench was designed and put together by Reese, Some items were donated from Lowes the Rest was funded by MCDAC, Reese also designed the sign that is being printed by West End Plaza.
- c. Teacher Folders Last meeting I went through individually on the items in the folder but they will have substance use and mental health information as well as important numbers locally and nationally that can provide support. The goal of these folders is due to our meeting time we have a hard time reaching teachers but through these folders we may be able to give support and create those connections to be able to help and support them.
- d. Drug-Endangered Children Alliance- The Alliance is meeting tomorrow July 25, 2024 at the Elks for lunch to have a lunch and learn conversation about what is needed and how each agency, organization, or individual can contribute to the greater good and establish those communications to provide as many resources to the youth that are in situations to mitigate the risk factors and increase the protective factors in their life.
- e. Upcoming Events/Tabling- We are looking for volunteers for all of these

events so we can spread them across the staff and have volunteers there to help as well.

- i. Holland House Celebration August 1 1132 Country Club Rd- 6-7:30 pm
- ii. National Night Out August 6 On Market Street- Unsure about time
- iii. Harrah's School Supply Drive August 8 Community Center 4pm
- iv. Pencils, Prayers, and Praise August 9 Metropolis First Baptist Church
- v. Metropolis Police Dept. Pool Bash August 10 Metropolis Pool 12-5pm

6. Recovery - Jordan

- a. Overdose Awareness Event- This will be the third year we have had an overdose awareness event. The International Overdose Awareness Day is August 31 and falls on a Saturday this year, so it is also Labor Day Weekend. Potential alternatives for this event would be Friday August 30th 12-1, any day Monday-Thursday in the evening starting between 5 and 6. Friday at lunch will be somewhat hectic because the courthouse employees will be in and out. Doing it in the evening sometime Monday-Thursday will be best. We will set a date and get the flyer out as soon as possible. We have purple ribbon yard stakes to represent the lives lost to an overdose this year and plan on putting them up in the beginning of August so they can be up throughout the month, the information will be on the flyer.
- b. Recovery Council Update- The council had four new people in attendance last at last week's meeting. We are planning on hosting an "outing" quarterly to increase attendance and keep momentum for the individuals participating. We plan on starting this in the fall and are open to suggestions for outings. The council is mainly working on the Recovery Walk and planning for it coming up in September.
- c. Laundry Event Sponsorships/Donations- We have received a generous donation of supplies (detergent, dryer sheets, etc.) from St. Matthew Lutheran Church after they collected it for us during the month of June. Any sponsorships or item donations for the laundry mat are welcomed and appreciated. We are still working on finding smaller project grants to cover the cost of these throughout FY 25.
- d. Recovery Walk/Picnic September 28 Planning going well for this have the date confirmed and working on the flyer. Will be sending out an email

- to all of the agencies/organizations to get a list of confirmed attendance of resources that will be present to create a map of where everyone will set up their table.
- e. Resource Center: Lasha-Continued growth at the Resource Center with participants and people getting connected to treatment. Last week an individual we made contact with when we did outreach walking through Metropolis has come in and since been connected to treatment. We also have been working on making the office more welcoming. This was made possible through Arrowleaf with a grant they offer where we had the office evaluated and are awarded funds to purpose items to create a more welcoming environment.

7. Public Comment/Other

Meeting was adjourned at 9:05 a.m.

Next Meeting: MCDAC Annual Meeting, Wednesday, August 21, 2024, 8:00 a.m., Metropolis City Hall